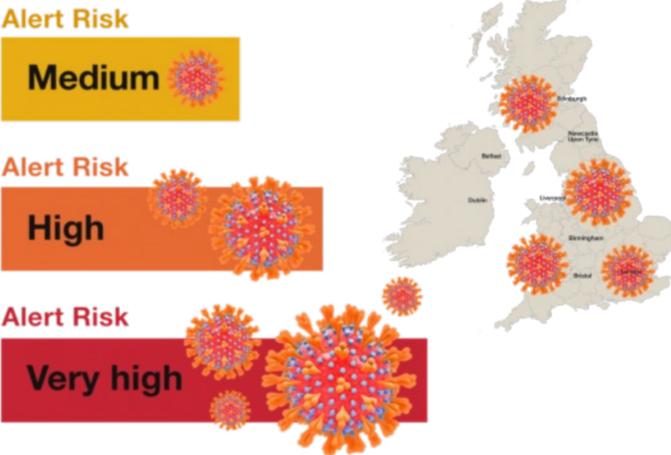
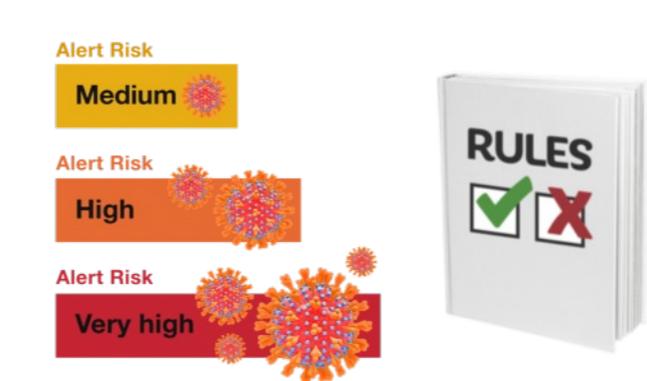
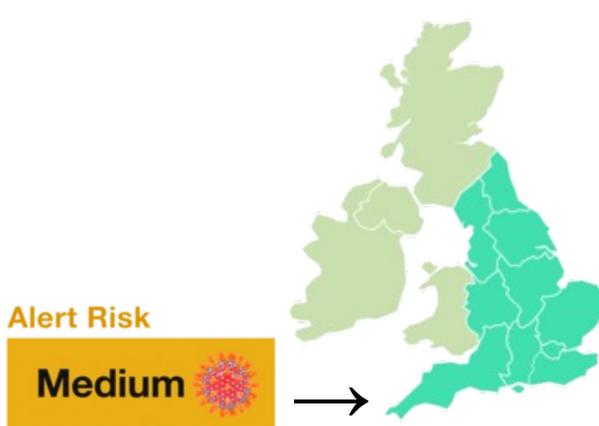
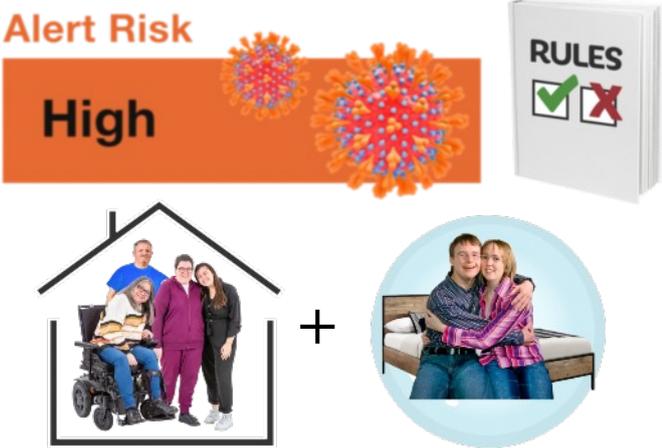


	<h3>The Three Tier System</h3> <p>On October 12th the government announced a new 'Three Tier System' of Coronavirus rules.</p> <p>What is a tier? A 'tier' means a level.</p>
	<p>They're calling these tiers Local COVID Alert Levels.</p> <p>How do they work? There are 3 levels.</p> <p>Levels will be given to each area based on the number of Coronavirus cases in that area.</p>
	<p>The levels are called:</p> <ul style="list-style-type: none"> - Medium - High - Very High <p>Each level will have a different set of rules.</p>
	<p>At the moment in Cornwall we are at 'Medium' alert level so the rules won't change for us yet.</p> <p>If our cases go up, the alert level may rise to High or Very High.</p> <p>If that happens we will need to follow new lockdown rules.</p>

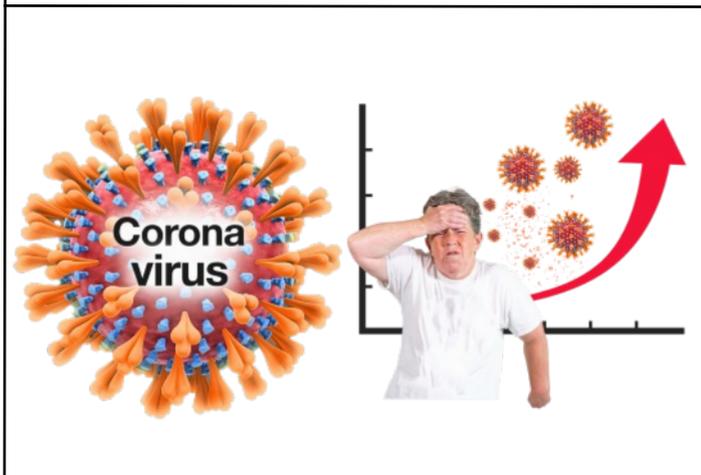
	<p>Why are the rules changing again?</p> <p>Coronavirus cases have started to rise again, and the government are trying to slow the spread of the virus in the areas with the most cases.</p> <p>What are the rules for each level?</p>
<p>Alert Risk</p> <p>Medium</p>  	<p>The rules for the MEDIUM alert level are:</p> <ul style="list-style-type: none"> - The Rule of Six. - Most places remain open with safety measures in place. - Some pubs and restaurants have to shut at 10pm.
	<p>You must:</p> <ul style="list-style-type: none"> - wear a face mask or covering in most indoor public places, and on public transport. - follow social distancing rules.
<p>Alert Risk</p> <p>High</p> 	<p>The rules for the HIGH alert level:</p> <p>You must follow the rules for the MEDIUM alert level plus:</p> <ul style="list-style-type: none"> - You can <i>only</i> mix with your household and support bubble when you're indoors or in a private outdoor space, like a garden or yard.



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- You can still go out but try to stay home more when you can.
- If an area reaches the **VERY HIGH** alert level then the rules for **MEDIUM** and **HIGH** areas need following **plus** extra rules.



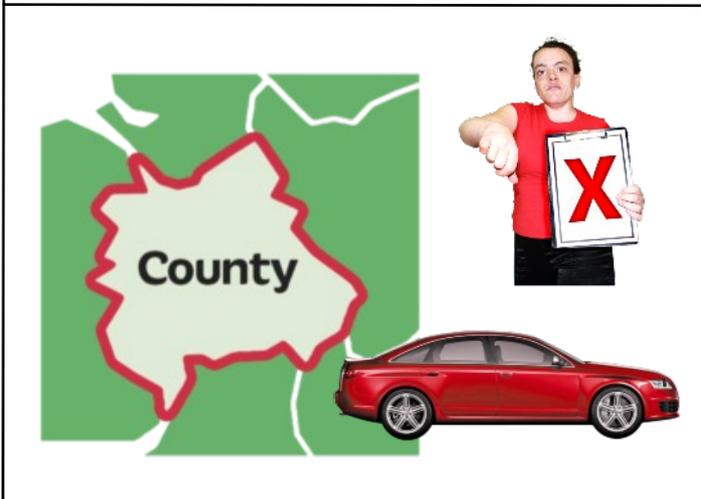
When does an area reach VERY HIGH alert levels?

- This is for when an area has a very high number of Coronavirus cases.
- The rules in these areas can vary, and are based on decisions made by local and central government.

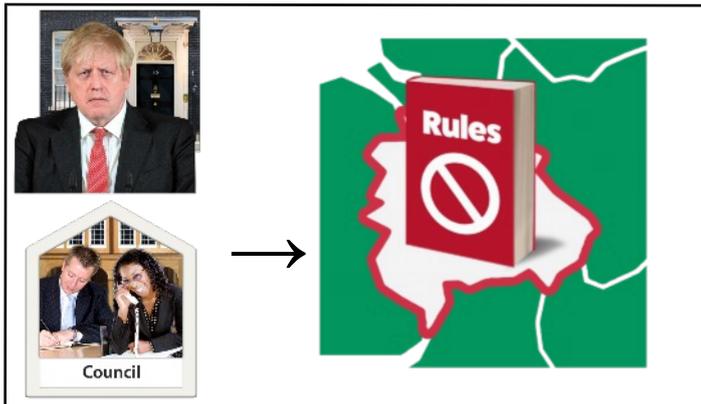


The basic rules for VERY HIGH are:

- You must not socialise with anyone outside of your household or support bubble, indoors or outdoors.
- Most pubs and bars must close.



- Wedding receptions will not be allowed.
- Exercise classes and organised sport can only take place outdoors.
- You should try not to travel outside the very-high alert level area you are in, or enter a very-high alert level area.



These are the basic rules that all VERY HIGH alert areas must follow.

The **government will agree extra rules with the local authority** in the very high alert area.



These extra rules could include:

Closing:

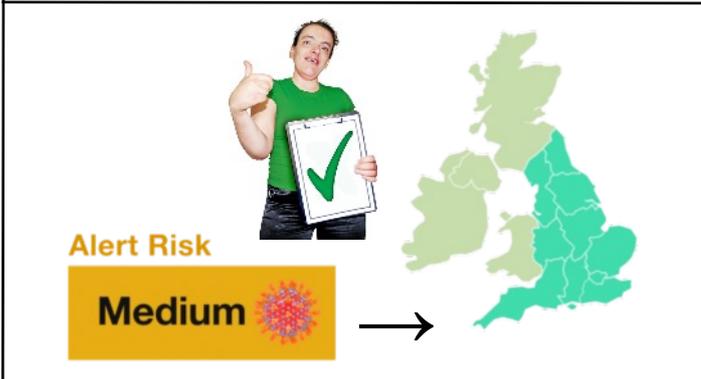
- all café's and restaurants.
- entertainment venues and tourist attractions.
- leisure centres and gyms.
- libraries and community centres.
- personal care and close contact services.
- A ban on selling alcohol.



How do I know which rules to follow?

If our area goes up to a **high or very high alert level** then we will be told about it.

The local authority will then announce the new rules.



I'm confused. Which rules do we follow now?

We are following the MEDIUM alert level rules at the moment in Cornwall.

Nothing is changing for us yet.



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	<p>Still a bit confused?</p> <p>Ask someone you trust to go through this guide with you again.</p> <p>You could ask:</p> <ul style="list-style-type: none">- A friend or family member- A support worker- A neighbour <p>Who could you ask?</p>
	<p>Stay well this winter, from all of us at CPF</p>



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